

HAPPINESS AND FREEDOM

Donna and I set out to find what were the things that made people feel *happy* and *free*. We felt that we would be able to get a wide range of responses to analyze since we would be working with a student who lives in Iraq, Rifaat Sadiq.

The following statement is from our original concept idea:

“We want to look at the relationship between happiness and freedom. Questions that we would like to answer are : What do you need to be free? What do you need to be happy? We want to see how the answers support the relationship.”

Our main source of **inspiration** was the “*Shape of Change*” project. Our idea of studying people’s relationships with **basic human needs** like freedom and happiness really spurred from this website. We really liked the style in which the website displayed it’s information, which was in the form that it had first received it from its participants. Nothing was changed and everything was in first-person, giving the information a very personal feel. As a result we chose to collect research by passing out a survey, which we were happily surprised by the number of responses it received.

All 3 of us sent the survey out to anyone and everyone we thought would take the time to answer. People we sent the survey to, passed it along to people they knew as well, so a much wider range of people were reached than we originally had expected it to.

The piece in its final form acts as an **informative tool**. It puts the answers to our questions about *freedom* and *happiness* directly next to each other, and shows how close or far apart they are. It also shows what affects answers and how different or similar they are.

